

NEW SAINT THOMAS INSTITUTE

REVIEW FOR FINAL EXAM FOR THE CERTIFICATE FOR LIFEPREP

Congratulations! You are almost there. You have watched all the video lessons and have rediscovered the core of Catholic Theology, Philosophy, and Apologetics through your LifePrep studies. We want you to know everything you need for your final exam, so we've put together this review sheet. We recommend that you get together with a friend and have them ask you the questions before you take the test. After you feel entirely confident, then take the final exam.

Here are a few things that you should know before you begin studying the for final exam:

- Academic Honesty. The answers to the questions of this exam can be found elsewhere. While you take this exam, you are on your honor as a baptized child of God, not to cheat. Do not use this review sheet, a book, or the internet while you take the final exam.
- The Exam will consist of about 100 questions covered in the NSTI Theology video lessons. You must pass with an 80% or more in order to receive your certificate.
- You should know all the major heresies condemned by the Catholic Church as discussed in the lessons.
- Below are sample questions you might find on the final exam. *Again, you are not allowed to use this sheet during the exam.*
- You should only use your memory and your keyboard to answer the questions.
- If you have not watched all the video lessons, *do not take this Final Exam!*
- We know that if you have watched the lessons and study with the review sheet, you'll pass. We can't wait to award you and certify you!

Sample questions for your Final Exam:

1. According to Saint Augustine, Saint Thomas Aquinas and the Catechism of the Church, what are the three kinds of baptism: sacramental water baptism, baptism by blood, and baptism by desire.
2. According to Thomas Aquinas, baptism by desire can be explicitly asked for or implicitly desired.
3. According to Thomas Aquinas, the Old Testament saints received the graces of New Testament sacramental baptism how/when? When Christ descended into the Limbo of the Fathers.
4. According to Thomas Aquinas, the use of incense in the Mass is used to: cover smells and signify prayers.
5. According to Thomas Aquinas, what are the three epochs of human salvation? Natural Law, Old Law, New Law
6. According to Thomas Aquinas, what is the proper relationship of nature and grace? Grace perfects nature.

7. According to Thomas Aquinas, why did Christ allow Judas Iscariot to receive Holy Communion? Because his sin was still private and not manifest.
8. According to Thomas, what are the seven orders? priest, deacon, subdeacon, acolyte, exorcist, lector, porter.
9. All sacraments must have proper: form and matter.
10. An indulgence is defined as a remission of temporal punishment due to sin.
11. Aristotle was a student of Plato.
12. Baptism is to Easter as Confirmation is to Pentecost.
13. Catholic teaching holds that Mary remained a physical virgin before Christ's birth, during His birth, and after His birth.
14. Catholics believe in a form of predestination.
15. Christ descended into Hades or the Infernus to accomplish what redemptive act? To redeem the Old Testament saints waiting for Him.
16. Did the death of Christ divide His Body and Soul. Yes, but it did not divide his divinity from His humanity.
17. Dr Marshall discussed how the Blessed Virgin Mary has maternal mediating role in which sacraments? All seven!
18. Explain how the Eucharist is a sacrifice.
19. How many books are in a Catholic Bible? 73
20. How many covenants are there in the Bible? 7
21. Know the seven deadly sins and their sub-sins.
22. Martin Luther had been a priest and a member of which Catholic religious order? Augustinian
23. Martin Luther opposed indulgences after being scandalized by the sermons of which Dominican priest? Johann Teztel
24. Paul's statement in 1 Cor 3:15 that "some will be saved through fire" is an affirmation of purgatory. Know the verse.
25. Saint Augustine of Hippo died in which year? AD 430
26. Saint Paul said it best when he described human salvation as accomplished by "faith working through love."
27. Saint Thomas Aquinas lived and died in which century? AD 1274.
28. T/F One must accept the worldview and philosophy of Aristotle in order to believe in the transubstantiation. False.
29. T/F. A person can receive Holy Communion in the state of mortal sin if and only if he or she intends to go to Confession right after Mass. False
30. T/F. According to Thomas Aquinas, Christ on the cross still had the beatific vision during his agony. True.
31. The Apostle Paul taught a form of predestination in Romans.
32. The Catholic doctrine of "being saved" is past, present, and future.
33. The Catholic idea of "Last Rites" ideally incorporates the reception of which sacrament(s) before death: confession, Eucharist, extreme unction.
34. The Catholic teaching that the whole Christ is present in the Consecrated Body and the whole Christ is present in the Consecrated Blood is the Catholic doctrine of: concomitance.
35. The Catholic version of predestination holds that God predestines souls to Heaven only after he foresees their future act of faith in history: Molinism
36. The Church Fathers and the Catechism of Trent compare the painless birth of Christ to "light passing through glass."

37. The condemned doctrine of double predestination is associated with which thinker: John Calvin (and Cornelius Jansen)
38. The Council of Nicea affirmed that Christ was "consubstantial with the Father" by endorsing which Greek word for "consubstantial"? homoousion
39. The doctrine of justification by "faith and works" is made most clear in which chapter of the Epistle of Saint James? James chapter 2.
40. The doctrine of Mary as Mediatrix of All Graces was granted a liturgical feast day by: Pope Benedict XV (15th)
41. The Eastern Catholic Churches administer the sacrament of confirmation to infants after baptism and call this sacrament by the name of "chrismation."
42. The Eastern Orthodox disagree with the Catholic Church over purgatory, papal supremacy/infallibility, and the filioque addition to the Nicene Creed.
43. The Greek word for essence or substance is: ousia
44. The image of God in man consists in: his intellectual soul
45. The Immaculate Conception holds that Mary was conceived without original sin and without concupiscence
46. The Incarnate Christ has only two natures.
47. The key to understanding the doctrine of transubstantiation is to understand the difference between: substance and accidents.
48. The Latin word "justificatio" or justification means: making just or making righteous.
49. The monophysite heresy wrongly teaches that Christ has only one nature or physis.
50. The New Testament was originally written in which language? Greek
51. The Old Testament was originally written in which language? Hebrew
52. The proper matter for the Confession is "sins being repented of"
53. The study of human salvation within theology is called: soteriology.
54. The ultimate goal of human salvation is the beatific vision
55. The word Eucharist is the Greek word for Thanksgiving.
56. The word limbo or limbus in Latin translates how from Latin? Outer edge or hem.
57. Theotokos is Greek for: Bearer of God.
58. Thomas Aquinas associates the "Old Law" with which covenant? Mosaic Covenant.
59. Know the seven covenants:
 - a. Creation
 - b. Adamic
 - c. Noahic
 - d. Abrahamic
 - e. Mosaic
 - f. Davidic
 - g. Christic or New Covenant
60. T/F Thomas Aquinas defended the Immaculate Conception of Mary in his early writings, but not in the Summa theologiae: true.
61. Thomas Aquinas identifies four biblical "sections" or "abodes" in the Hell: Gehenna, purgatory, limbo of children, and limbo of the Fathers.
62. Thomas Aquinas quotes which Pope to prove that Confirmation is a sacrament? Pope Melchiades

63. T/F Thomas Aquinas received an apparition of the Blessed Virgin Mary. False.
64. T/F Thomas Aquinas teaches that mentally handicapped people be baptized.
True
65. Thomas Aquinas teaches that priests should refuse Communion under which circumstance? When the recipient is a publicly scandalous and notorious sinner.
66. Thomas Aquinas teaches that when the priest drops a particle of the Host into the consecrated Blood of Christ, this liturgical act signifies: the resurrection of Christ.
67. T/F Thomas Aquinas' denied that the office of bishop was a separate order.
True.
68. T/F Thomas teaches that we should baptize babies while still in the womb.
False
69. A vice is: a morally evil habit or pattern of human action
70. A virtue is: a morally upright habit or pattern action
71. According to Augustine, the separation of light and darkness on the first day signifies the fall of the evil angels
72. According to Genesis 1, God created Adam and Eve on day six
73. According to legend, Thomas Aquinas was visited by two angels who did what to him? Girded him with a cincture or belt of sexual purity.
74. According to Thomas Aquinas, the best name for God is: I am or He who is
75. According to Thomas Aquinas, there are how many passions of the soul?
Eleven
76. Be able to name all eleven passions.
77. Binitarianism teaches that only the Father and Son are divine.
78. Dr Marshall teaches the seven deadly sins by using which acronym? palegas
79. Dr Marshall uses a silly reminder for the cardinal virtues. What is it? Peanut Butter Jelly French Toast for Prudence Justice Fortitude Temperance
80. Faith, hope, and charity are the Theological Virtues
81. For Saint Thomas Aquinas, the existence of God is not "self evident" but His existence can be known.
82. For Thomas Aquinas, the highest ranking authority in theology is the Bible.
83. God created all animals out of nothing? False. He created them from the earth.
84. God's "being" and "essence" are: the same.
85. If you read Thomas Aquinas and you get confused, you should keep reading and not be discouraged.
86. Jehovah's Witnesses subscribe to which ancient heresy? Arianism
87. Know the 6 days of creation and what was created on each
88. Know the 8 attributes of God.
89. Know the five ways of demonstrating the existence of God!
90. Know the four horsemen of atheism discussed by Dr Marshall.
91. Know the four wounds of the fall of man
92. Know the seven deadly sins?
93. Macedonianism is the heresy that denies: the deity of the Holy Spirit. It's binitarian.
94. Saint Thomas Aquinas understood human conception and pregnancy in terms of: potency and actuality
95. T/F Did Thomas Aquinas held that women were of a different species than men. False

96. T/F Thomas believed that you needed a Master's Degree or its equivalent to study theology. False.
97. T/F Thomas wrote the Summa theologiae for "beginners" in theology. True.
98. The Catholic Church rightly holds that the Father and the Son and the Holy Spirit are consubstantial. What is the Greek word used for "consubstantial"? homoousion.
99. The difference between philosophy and theology is: philosophy pertains to reason and theology pertains to divine revelation
100. The Hebrew name of Adam can mean: earth, humanity, blood
101. The Latin word "esse" means: existence
102. The mascot of the New Saint Thomas Institute is the: Muskox
103. The motto of the New Saint Thomas Institute "Non alligabis os bovis" which in Latin means: Do not muzzle the mouth of an ox
104. The teaching of creation ex nihilo means: creation out of nothing
105. The term immutability refers to: God never changes
106. Thomas Aquinas died after he completed which section of the Summa theologiae? Eucharist
107. Thomas Aquinas is thought of as a philosopher, but he would have considered himself chiefly as: biblical scholar
108. Thomas Aquinas was a member of which religious order? Order of Preachers or Dominicans
109. Thomas Aquinas was given which nickname: the Dumb Ox
110. Thomas Aquinas was influenced by Aristotle, Augustine, Dominic, Albert the Great.
111. Thomas Aquinas's family was noble
112. Thomas taught that creation's existence was different than, but participated in God's existence. This teaching is called: Analogy of being
113. Thomas was given the title of: Angelic Doctor
114. Thomas wrote about the "quinque viae" which in Latin means: five ways
115. What are the sections of the Summa theologiae? Prima pars, Prima secundae pars, Secunda secundae pars, Tertia pars, Supplement
116. What is the Greek word for a Person of the Holy Trinity? Hypostasis
117. What is the Greek word for the divine substance or essence?
118. When Saint Thomas Aquinas refers to "The Philosopher" he means: Aristotle.
119. Which book is considered to be the magnum opus of Thomas Aquinas? Summa theologiae
120. Which Council discussed in the lessons finalized the Nicene Creed? First Council of Constantinople
121. Which English version of the Summa theologiae does Dr Marshall recommend? English Dominican Fathers edition.
122. Which heresy holds that there is one God who wears three masks? Sabellianism
123. Which heresy taught that Christ was a creature and less than the Father? Arianism
124. Which is the correct order for an article in the Summa theologiae? objections > body > answer to objections

125. Which section of the Summa is focused on Christ and the sacraments?
Tertia pars or Third part
126. Which virtues could a pagan without grace achieve? The Cardinal
Virtues of Prudence, Justice, Fortitude, Temperance
127. Who called together the first Ecumenical Council at Nicea? Emperor
Constantine
128. Who taught that woman was a "misbegotten male"? Aristotle
129. Who was the teacher and mentor of Thomas Aquinas? Albert the Great
130. What is the matter of confirmation? Sacred Chrism.
131. What is the proper matter for the sacrament of the Holy Eucharist?
Bread of wheat and wine of grape.
132. When Christ died, His divine nature remained united to his body in the
tomb and to his soul in Sheol/Hades/Limbo.
133. When making a confession, Dr Marshall recommends making a good
preparation beforehand and confessing the most difficult sin to confess first.
134. Where did Nestorius learn his false Christology? Antioch.
135. Which biblical covenant was probational? Mosaic.
136. Which book of the Bible mentions Extreme Unction or Anointing of
the Sick? James
137. Which Catholic theologian first formulated a thorough doctrine of
original sin? Augustine of Hippo.
138. Which Council condemned Nestorianism? Council of Ephesus in 431.
139. Which Council condemned the doctrine of justification by faith alone?
Council of Trent.
140. Which Ecumenical Council first used the term transubstantiation?
Fourth Lateran Council in 1215.
141. Which heresy held that Christ did not have a physical body but that he
was an apparition or ghost? Docetism
142. Which heresy states that a person can be received without supernatural
grace but by excelling in natural virtues? Pelagianism
143. Which heresy states that Christ was just an exceptional human teacher?
Ebionism
144. Which heresy teaches that Christ has only one will? Monothelitism
145. What are the Church's four Marian dogmas? Mother of God, Ever
Virgin, Immaculate Conception, Assumption
146. Which Marian sacramental is associated with the Dominican tradition of
Saint Thomas Aquinas? Rosary
147. Know the difference between substance and accident.
148. What are the four properties of Christ's resurrected body: agility, clarity,
impassibility, subtlety.
149. Which three sacraments use Sacred Chrism? Baptism, Confirmation, and
Holy Orders.
150. Which sacraments impart an indelible character in the soul? Baptism,
Confirmation, and Holy Orders.
151. Which term refers to the process of becoming holy? Sanctification.
152. Who has a more personal or narrative writing style? Augustine of Hippo
153. Who was the champion against the heresy of Pelagianism? Augustine of
Hippo

154. What does the Greek word “Apologia” mean?
155. What is the definition of Catholic apologetics?
156. Apologetic incorporates: logic, rhetoric, philosophy *and* theology.
157. What are the 5 Mistakes that Catholics commonly make in Apologetics?
158. What is the image of God?
159. What is natural law?
160. Intoxication through alcohol and drugs is sinful because _____.
161. Explain the Catholic teaching on contraception.
162. What is the oldest Judeo-Christian condemnation of artificial contraception?
163. Which recent papal encyclical officially condemned artificial contraception?
164. Explain the Catholic teaching on abortion.
165. Explain the Catholic teaching on homosexuality.
166. What are the primary New Testament verses on homosexuality (hint: they are in Romans in 1 Corinthians)
167. What does indissoluble mean in the context of Catholic matrimony?
168. Define annulment.
169. Who are the 4 horseman of atheism?
170. What is meant by Avignon Papacy? How did it relate to the Protestant Reformation?
171. Who did the death of Joan of Arc relate to the Protestant Reformation?
172. Who were the most prominent Protestant Reformers? Luther, Calvin, Zwingli
173. What is sola scriptura?
174. What is sola fide?
175. The primary proof text for the Catholic papacy and its origins with Saint Peter is _____.
176. What does the Greek word “petra” mean? Rock.
177. Be able to articulate the Catholic doctrine of “participation in Christ.”
178. What percent of Christ's clergy were scandalous during His earthly ministry? 8.33% (1 out of 12)
179. Define “sedevacantist.”
180. Define “cafeteria Catholic.”
181. What are the important steps to follow when speaking with someone who has left the Catholic Church?
182. Define pantheism.
183. Define polytheism.
184. Define monotheism.
185. What are the primary schools of Buddhism?
186. Know the liturgical relationship of yoga to historic Hinduism.
187. Who was the founder of Islam?
188. What is the religious text of Islam?
189. Which important Catholic doctrines does Islam reject? Trinity, Incarnation, Original Sin, Crucifixion and Resurrection of Jesus, Baptism and Sacraments, Eucharist.
190. Which books of the Bible does Rabbinical Judaism not accept?

191. What does the Quran deny about Jesus Christ? That Jesus is the Son of God and that Jesus was crucified and resurrected.
192. T/F. Did the Apostles believe that Jewish people needed to be baptized?
193. Understand the nuances between the terms Israelite, Hebrew, and Jewish.
194. Be able to explain why the Old Testament is like “scaffolding.”
195. Understand the best ways to explain Catholicism to Jewish friends.
196. Understand the basic outline of the 70 weeks prophecy of Daniel from the Old Testament.
197. Sex before marriage is always wrong. True.
198. Masturbation, contraception, fornication are sexual sins that must be confessed specifically.
199. Fornication – sex with non-married persons.
200. Adultery – sex when one party is married.

Be sure that you:

- Can articulate the rhetorical elements of apologetics (eg, staying calm, listening and understanding the other person’s belief system, acting like a chess player, not a ninja, etc.)
- Know the 10 Commandments in order
- Know the philosophical arguments for natural law and how to use them in moral situations.
- Know the major Trinitarian heresies
- Know the 7 deadly sins (palegas)
- Know the 7 virtues (faith, hope, charity, prudence, justice, fortitude, temperance)